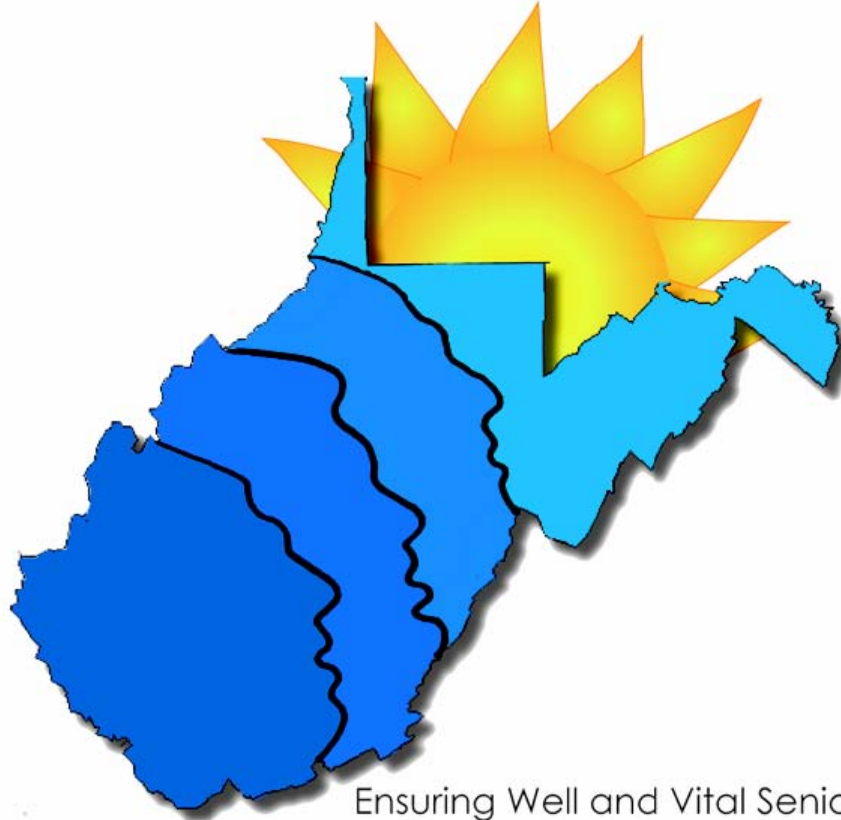


West Virginia
Bureau of Senior Services



Ensuring Well and Vital Seniors

www.wvseniorservices.gov

2008 Annual Report

WEST VIRGINIA BUREAU OF SENIOR SERVICES

ANNUAL REPORT 2008

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OVERVIEW

The West Virginia Bureau of Senior Services, located at Charleston Town Center, is a cabinet-level agency within state government and acts as the lead entity for programs serving older West Virginians. A Commissioner, appointed by the Governor, is the chief administrative officer and oversees all program and fiscal operations. In addition to agency staff (see Organizational Chart, Appendix F), the Bureau has a fifteen-member Advisory Council on Aging (see Appendix G).

MISSION

To be West Virginia's premier advocate for the provision of in-home and community-based services for the state's seniors and others served by our programs.

To be faithful stewards of the federal and state monies entrusted to our care for the provision of services throughout West Virginia.

HIGHLIGHTS

Alzheimer's Disease Demonstration Grant (ADDGS)

The second three-year ADDGS grant ended June 30, 2008, with the following major outcomes:

- Family Alzheimer's In-Home Respite (FAIR), an outgrowth of the ADDGS grants, has been highly successful and is available statewide.
- Continuum of Contact provided materials to 304 families
- Attendees at the 2008 Governor's Summit on Aging spent a full day learning about end-of-life issues related to Alzheimer's disease and related dementias and discussing ways to improve end-of-life care
- A brochure for physicians, *End-of-Life Care for Patients with Alzheimer's Disease, Common Questions and Suggested Guidelines* was created to answer physicians' questions and encourage referrals to hospice care for individuals with late-stage dementia.

Bureau of Senior Services Website (www.wvseniorservices.gov)

A new Bureau website was launched in May 2008. It has been named the #1 state website by the West Virginia Statewide internet Group, which recognizes excellence in website design, content, and accessibility.

Conferences & Coalitions

The annual Robert W. Jackson Senior Conference at Cedar Lakes was held in Ripley on May 28–30, 2008. More than 300 seniors from thirty-three counties received a variety of trainings.

More than 300 professionals in the field of aging and related services/programs attended the 16th Annual West Virginia Governor's Summit on Aging on September 16–19 at the Ramada Inn in South Charleston. The purpose of this conference is to help professionals better protect our senior citizens, thereby improving the quality of life for seniors living in West Virginia.

The Bureau participated in West Virginia on the Move to provide the Wii Nintendo game as an opportunity to increase physical activity in seven county aging programs. As this pilot project progresses, evaluation will be provided by West Virginia University staff.

Employment

Through the Senior Community Service Employment Program, forty-two low-income seniors were placed in unsubsidized employment, with an additional ninety-two seniors participating in training programs across the state. During this year, participants in the employment training program provided 127,597 hours to various nonprofit organizations.

Medicaid Programs

The Medicaid Aged & Disabled Waiver Program and the Medicaid Personal Care Program served approximately 9,000 people in all fifty-five counties. The programs provide in-home services that allow participants—both seniors and the disabled over eighteen years of age—to remain in their homes and communities.

Medicare Call Center

The Bureau's Medicare Call Center, which handles West Virginians' questions on all Medicare topics, served more than 8,000 people this year. The Call Center's toll-free telephone hotline (877-987-4463) is supported by the Bureau and funded by a federal grant from the Centers for Medicare & Medicaid Services. Medicare beneficiaries, their families, and caregivers can contact the Call Center Monday–Friday from 8:30 a.m.–4:30 p.m. Counseling services are also available for walk-ins.

Meals

More than 35,600 seniors received more than 2.7 million meals in their homes or at county nutrition sites. In an effort to address the dramatic increase in gasoline prices in 2007 and early 2008, the Bureau allowed service providers to develop alternate plans for the delivery of meals and the transportation of seniors, while maintaining the most critical services.

Ombudsman Program

The West Virginia Long-Term Care Ombudsman Program conducted 1,109 monitoring visits in 289 long-term care residential facilities. The Ombudsman Program investigated and closed out 1,282 complaints—an increase of over twenty-five percent from last year. Of the complaints that were verified, more than eighty percent were resolved to the satisfaction of the resident and/or the complainant. In addition, the ombudsman staff had contacts with thirty-three family councils—almost all of the resident councils that exist in nursing homes; participated in thirty-one community educational sessions (e.g., health fairs); and conducted seventy-seven trainings for long-term care facility staff, primarily on resident rights, dealing with abuse, and abuse reporting. Ombudsman staff also provided 670 telephone consultations to individuals in the community and 738 telephone consultations to facility staff.

West Virginia Senior Farmer's Market Program

Working in conjunction with the West Virginia Department of Agriculture, the Bureau coordinated the distribution of Farmer's Market coupons to seniors aged sixty and older. More than 1,100 coupons were distributed by the senior centers throughout the state in July 2008. The coupons could be exchanged for garden seeds, fruits, vegetables, and other fresh market items.

NEW INITIATIVES

Family Alzheimer's In-Home Respite (FAIR)

In 2008, FAIR provided more than 186,000 hours of respite to 889 different families, averaging 406 clients and more than 15,500 hours of service per month.

FAIR Plus

In October 2007, the Bureau received a grant of \$533,364 from the U.S. Administration on Aging, entitled the "Nursing Home Diversion Modernization Grant." (Twelve federal grants were awarded; West Virginia's grant application was ranked #1 in the nation out of 30 submitted.) This 18-month grant, named *FAIR Plus*, provided stipends to fifty Alzheimer's family caregivers during 2008.

Hot/Cold Trucks

On August 19, 2008, Governor Manchin presented seventeen new hot/cold delivery trucks to senior centers throughout the state to be used to provide meals to West Virginia senior citizens statewide.

The trucks were purchased from a grant provided to the Bureau, made possible through the Table Games licensing fees paid by Mountaineer Casino Racetrack & Resort and Wheeling Island. Additional funds were made by a donation provided by the Tri-State Racetrack & Gaming Center.

The trucks are designed to maintain constant temperatures and can hold up to 200 meals. The addition of the new trucks is part of the ongoing effort to provide more in-home services to seniors. The delivery trucks will be used to serve the following counties: Barbour, Brooke, Cabell, Calhoun, Doddridge, Greenbrier, Hampshire, Harrison, McDowell, Mineral, Morgan, Nicholas, Pleasants, Preston, Putnam, Ritchie, Roane, and Upshur.

Lighthouse Program

The Lighthouse Program is a personal care service designed to assist seniors who have functional needs in their homes and do not qualify for any Medicaid in-home care programs. Approximately 2,560 seniors received Lighthouse services this year; more than 400,000 hours of services were provided.

Stanford University Chronic Disease Self-Management Program

Through collaboration with the West Virginia University Center on Aging, the Chronic Disease Self Management Program, as developed by Stanford University, was provided to ten older adults in Morgantown and Charleston from January to May, 2008. The program was also provided in Cherokee, North Carolina, to Cherokee Choices medical staff, as a training effort to support the Native American community.

OLDER AMERICANS ACT PROGRAMS

Overview

The Older Americans Act (OAA) is among the most important contributions of aging legislation enacted by Congress; its goal is to provide the framework for the administration of services for Americans aged sixty and older, and to provide support to families who care for older individuals. As the West Virginia State Unit on Aging, the Bureau of Senior Services is designated to administer the OAA.

As required by the OAA, area agencies on aging throughout the state are designated (see Exhibit A); they provide short- and long-range planning, act as advocates on behalf of the regions' elderly, and provide monitoring and assistance to the county aging providers (senior centers). (See Exhibit B.) Funds are allocated by a federally mandated formula to the area agencies on aging. These funds are then distributed to the state's county aging programs. This year, over 52,800 West Virginians were served with OAA funding. There is no charge to seniors or their families for OAA services, although contributions are encouraged.

The direct provision of services to seniors is made possible by the efforts of a variety of local organizations that operate senior centers in all fifty-five counties. Locally constituted boards govern these nonprofit organizations. See Exhibit B for a list of West Virginia's county aging programs. The mission of the Bureau could not be accomplished without the work of the area agencies on aging and the local service providers.

Older Americans Act Programs

Caregiver Support

Family Caregiver Support Services were provided to nearly 3,000 families who care for older individuals.

Legal Assistance (www.seniorlegalaid.org)

Legal services are available to senior West Virginians age sixty and over through a contract with West Virginia Senior Legal Aid, Inc. (WVSLA). WVSLA targets homebound, disabled, rural, minority, and low-income seniors statewide. This year WVSLA served a total of 725 seniors in fifty-four of the state's fifty-five counties, providing 1,194 hours of legal assistance, including 254 hours of pro bono case services from private attorneys in fifty-eight cases across twenty-nine counties. WVSLA's client access points include a toll free number (800-229-5068), their website, and outreach visits to individual county senior centers. WVSLA delivered substantive elderlaw and issue-spotting trainings and case consultation to legal, aging, and disability advocacy organizations and networks throughout the state, such as the Aging and Disability Resource Centers and the

Medicare counseling program (SHIP). This year WVSLA published the 9th edition of its manual of *Legal Questions Frequently Asked by West Virginia Seniors*, both in hard copy and on its website, and published news posts on the WV Aging and Law blog (www.seniorlegalaid.blogspot.com). WVSLA provided legal information to nearly 200 workshop participants this year on a variety of topics.

Long-Term Care Ombudsman

The Long-Term Care Ombudsman Program advocates for residents of long-term care facilities. This often involves educating residents and their families and/or legal representatives about their rights. The services provided are important to the health and well-being of our frailest population—those living in nursing facilities, assisted living facilities, or similar settings.

The Ombudsman Program utilizes nine separate regions, each containing a paid regional ombudsman and, in some instances, one or more volunteers. Additionally, program staff include a state ombudsman, a supervisor/volunteer coordinator, and an attorney.

Nutrition

Congregate meals are served in senior centers and their satellite sites to seniors who are able to leave their homes. These meals meet federally mandated nutrition requirements and also offer an opportunity for seniors to socialize. Home-delivered meals, which also meet nutrition requirements, are delivered directly to homebound seniors. This year, West Virginia's aging network served approximately 2.4 million congregate and home-delivered meals.

Senior Community Services Employment Program (SCSEP)

The SCSEP is a training program that provides older West Virginians with the needed skills to obtain employment. Targeting people age fifty-five and older who live at or below 125% of poverty, the SCSEP places seniors at nonprofit organizations for up to twenty-four months where they acquire on-the-job skills that will enable them to find gainful employment. The Bureau administers the SCSEP via a contact with the U.S. Department of Labor. In turn, the Bureau contracts with three county aging programs to assist seniors to find jobs in thirteen counties. The remaining counties across the state are offered similar support through the National Council on Aging and Experience Works.

During the past year, Preston County Senior Citizens, Putnam Aging Program, and the Council on Aging in Wyoming County provided employment training to 130 people with forty-two leaving the program for new jobs. Additionally, these individuals provided a total of 127,597 hours of service to nonprofit organizations, meeting local needs in their communities.

Supportive Services

Local aging providers (county senior centers) offer a variety of supportive services, including transportation for seniors to access senior centers, grocery stores, doctors, and pharmacies. Other services may include health screenings, exercise programs, and information and referral. For seniors who are homebound, the aging providers offer chore and housekeeping services, assistance with shopping, and telephoning/visiting assurance programs.

OTHER PROGRAMS AND GRANTS

Aging and Disability Resource Centers (www.wvnavigate.org)

The West Virginia Aging and Disability Resource Center (ADRC) initiative began as a pilot in two counties in 2003 as a result of a demonstration grant issued by the Administration on Aging and the Centers for Medicare & Medicaid Services. This grant ended in September 2008. In 2007, the ADRCs were able to secure state funding and expand services statewide. ADRCs are “one-stop shops” that assist seniors and adults with physical disabilities and their families to make informed choices about long-term care services and how to access these services. There are currently nine state-funded ADRCs located throughout the state that provide services in every county. These ADRCs are operated by the state’s four Area Agencies on Aging and receive funding through the Bureau. The ADRCs have a statewide toll-free number (866-987-2372) and a website that contains a comprehensive resource listing for every county.

End-of-Life Initiatives

The Bureau provides three publications related to end-of-life decision-making and care:

- *Advance Directives for Health Care Decision-Making in West Virginia* answers frequently asked questions about end-of-life decisions and contains the two types of advance directives recognized by West Virginia law to implement those decisions – Medical Power of Attorney, Living Will and the combined Medical Power of Attorney/Living Will. This publication is available at no charge from the Bureau. It is also downloadable on the West Virginia Center for End-of-Life Care website, www.endoflife.org.
- *Five Wishes* allows individuals to determine how they would wish to be treated if they were seriously ill, including choices related to spiritual, personal, and emotional needs, as well as medical wishes. The Bureau will provide free copies for those who request them.
- *Hard Choices for Loving People*, which provides guidance to patients and their families as they face difficult treatment choices and life-prolonging medical decisions, is distributed through a cooperative agreement with AARP WV.
- The Bureau has also partnered with the WV Center for End-of-Life Care and the Alzheimer’s Association, WV Chapter, to improve quality of care at the end of life.

Family Alzheimer’s In-Home Respite (FAIR)

Family Alzheimer’s In-Home Respite (FAIR) is a state-funded program available in all fifty-five West Virginia counties. FAIR provides up to sixteen hours of respite per week for caregivers of individuals with Alzheimer’s disease or a related dementia. Trained workers go into the home to give caregivers a much needed break and, at the same time, offer stimulation and socialization to individuals with dementia. Payment for FAIR is on a sliding scale, based on the income of the care recipient. In 2008, FAIR provided more than 186,000 hours of respite to 889 different families, averaging 406 clients and more than 15,500 hours of service per month.

Legislative Initiative for the Elderly (LIFE)

LIFE is funded by the State Legislature through lottery funds. Services delivered with these funds are modeled after those provided by the Older Americans Act, with each county aging provider receiving funds to be used to expand and enhance those services. This year 17,900+ individuals received 375,000+ hours of LIFE services.

Lighthouse Program

The Lighthouse Program is a personal care service designed to assist seniors who have functional needs in their homes and do not qualify for any Medicaid in-home care programs. Services are provided by a trained caregiver who is employed by the county aging provider. This unique program is funded entirely by the State of West Virginia, and clients pay for services based upon their monthly income. A client can receive up to sixty hours of service—personal care, environmental, and help with mobility and nutrition—each month. To participate in the program, an individual must be at least sixty years old and meet the medical eligibility criteria established by the Bureau, and determined by the aging provider's registered nurse. Approximately 2,560 seniors received over 400,000 hours of Lighthouse services this year.

Medicaid Aged & Disabled Waiver (ADW) Program

The Bureau of Senior Services conducts the day-to-day operational administration and monitoring of the Medicaid ADW Program, which is available in all fifty-five counties and provides in-home health care for eligible members. The program served 5,320 members in FY 2008. To be eligible for the ADW, individuals must be eighteen years of age or older and residents of West Virginia, they must require the same level of care provided in a nursing facility as determined by a comprehensive medical assessment, and their services cannot exceed the average cost of nursing home care. ADW members can choose to receive their services—case management, homemaker, transportation and RN assessment—from an agency or they can choose Personal Options (see below). Registered nurses at the Bureau provide full-time programmatic monitoring to assure quality services and to meet federal and state regulations.

Medicaid Personal Care

The Medicaid Personal Care Program provides services in the home or in the workplace to members who are certified as requiring these services by a physician. In FY 2008, 4,730 Personal Care members were provided in-home, hands-on, medically necessary activities, such as dressing, personal hygiene, feeding, assistance with self-administration of medications, and meal preparation. Other services include environmental support and assistance outside the home to help obtain/retain competitive employment of at least forty hours per month. Registered nurses at the Bureau provide full-time programmatic monitoring to assure quality services and to meet federal and state regulations.

Medicaid Personal Options

Through a grant from the Robert Wood Johnson Foundation that began in 2004, the Bureau, in cooperation with the West Virginia Bureau for Medical Services, developed a consumer-directed “Cash & Counseling” component in the Medicaid Aged and Disabled Waiver Program, offering participants an additional service model to choose from (i.e., participants can choose to be served by a traditional service provider agency or they can elect to hire their workers directly). Enrollment for the new program, entitled Personal Options, began in May 2007. In FY 2008, 192 ADW members chose to self-direct their services through this program option.

Wellness Programs

The Bureau collaborates with the West Virginia Bureau for Public Health in their health promotion activities such as the Mountains of Hope Comprehensive Cancer Coalition, the West Virginia Asthma Coalition, and the Osteoporosis/Arthritis Advisory Council to provide health information to seniors. The Bureau also partners with West Virginia University to provide “Enhanced Fitness”—an evidence-based program—for seniors in eight counties.

The Bureau has provided two leader trainings to lead exercises as developed by the National Arthritis Foundation. They were held in Charleston in April and in Webster Springs in May.

West Virginia State Health Insurance Program (SHIP) (www.wvship.org – launching in January 2009)

WV SHIP is administered by the Bureau through a grant from the Centers for Medicare & Medicaid Services and serves West Virginians receiving Medicare. The program provides assistance to beneficiaries through one-on-one and telephone counseling, group presentations, and via the media. Information is provided to beneficiaries, their families, and caregivers on a variety of Medicare topics, including assistance with prescription medications, preventive services, Medigap policies, and Medicare Savings Programs. Additionally, the Bureau’s Medicare Call Center, which opened in November 2005, answers questions about all matters related to Medicare. The Call Center can be reached at the WV SHIP statewide toll-free number (877-987-4463). Counselors are located at the Bureau and in all fifty-five county senior centers. There are also four SHIP Coordinators located within the state’s Aging and Disability Resource Centers.

West Virginia Transition Initiative

The West Virginia Transition Initiative, based on the federal “Money Follows the Person” Medicaid rebalancing grant, has been operational since 2007. The purpose of the initiative is to coordinate services, resources, and providers, thereby enabling nursing home residents to return to their communities to live. Working in partnership with the Olmstead Office, the Initiative has served approximately fifty people this year.

SPECIAL EVENTS

16th Annual Governor's Summit on Aging

- Held September 16–19, 2008, at the Ramada Inn in South Charleston.
- More than 300 professionals attended.
- First day of the conference was dedicated to Alzheimer's and end-of-life issues and was made possible from a portion of the Alzheimer's Disease Demonstration Grant (ADDGS) funded through the Administration on Aging; national and local speakers presented workshops on a wide variety of issues dealing with Alzheimer's disease.
- Other training included workshops on positive brain changes, identify theft, physical and emotional needs of service men returning from the Iraq war, Medicare, public health preparedness, mental hygiene commitment process, prosecution of elder abusers, training direct care workers, board of directors governance, Social Security, prescription drug misuse, sleep disorders, community-building, and wellness.

27th Silver Haired Legislature

- Held October 21, 2008, at the Ramada Inn in South Charleston
- Four Position Papers were adopted, and eleven of the sixteen resolutions written during the session were adopted

Robert W. Jackson Senior Conference

- Held May 28–30, 2008, at Cedar Lakes in Ripley, with 300+ senior citizens in attendance, representing thirty-three counties.
- Workshops of interest to seniors were held, including a presentation by a member of the Cherokee tribe from Monroe County.

RESEARCH & DEVELOPMENT

The Bureau's Research and Development Unit concentrates on five major areas of responsibility:

- Data collection, analysis, research, and dissemination;
- Technical support for information and education;
- Program development initiatives;
- State and federal legislative research; and
- West Virginia Legislative bill tracking

Specific activities this year included health care research, assistance to various program staff in completing grant applications, a complete redesign of the Bureau's website, in-house support for program presentations, and program analysis.

Our state continues to lead the nation with the highest median age at 38.9 years, and we are second only to Florida with the highest percentage of people age 60 and older. Senior populations of West Virginia by county are shown in Exhibit C.

FUNDING

Financial Sources

The Bureau receives funding from four sources under the agency's budget:

- Lottery appropriations amounted to \$57.8 million, of which \$34.1 million was transferred to the Department of Health and Human Resources to match Medicaid funding for services to seniors;
- License fee appropriations from casino license fees in the amount of \$3 million;
- Federal Appropriations in the amount of \$13 million; and
- Special Revenue allotments totaling \$2.2 million. Exhibits D and E illustrate the Bureau's actual fiscal year 2008 expenditures by program and funding source. Also included in these figures is funding re-appropriated from prior fiscal years.

Senior Centers

In fiscal year 2008, \$2.6 million in lottery funds were appropriated for senior centers and their programs. There were 153 grants designated by the legislature. Those funds not used for senior center repair and renovation were used to support other programs such as family caregiver, congregate and home-delivered meals, transportation, in-home care, prescription assistance, and senior center operations.

COLLABORATIONS & PARTNERSHIPS

- AARP Foundation
- AARP West Virginia
- Alzheimer's Association, West Virginia Chapter
- Blanchette Rockefeller Institute Advisory Council
- Mission West Virginia, Relatives as Parents Program
- National Arthritis Foundation
- National Association of State Units on Aging
- Nursing Home Advisory Committee
- Statewide Independent Living Council
- West Virginia A Vision Shared – Long-Term Health Care Team
- West Virginia Asthma Coalition
- West Virginia Attorney General's Office
- West Virginia Bureau for Public Health, Osteoporosis Prevention Education Program
- West Virginia Center for End-of-Life Care
- West Virginia Commission for the Deaf & Hard of Hearing
- West Virginia Comprehensive Cancer Control Coalition
- West Virginia Cost Management Council
- West Virginia Department of Agriculture, Senior Farmer's Market Nutrition Program
- West Virginia Developmental Disabilities Council
- West Virginia Directors of Senior and Community Services
- West Virginia Federation of the Blind
- West Virginia Fire Marshal
- West Virginia Geriatric Education Center
- West Virginia Lottery Commission
- West Virginia Medical Institute, Quality Improvement Steering Committee
- West Virginia Primary Care Association
- West Virginia Suicide Prevention Council
- West Virginia University Center for Excellence in Disabilities
- West Virginia University Summer Institute on Aging Steering Committee
- West Virginia Workforce Investment Council

EXHIBITS

Exhibit A: Area Agencies on Aging

Exhibit B: County Aging Providers

Exhibit C: West Virginia Senior Population

Exhibit D: Bureau of Senior Services Expenditures by Program

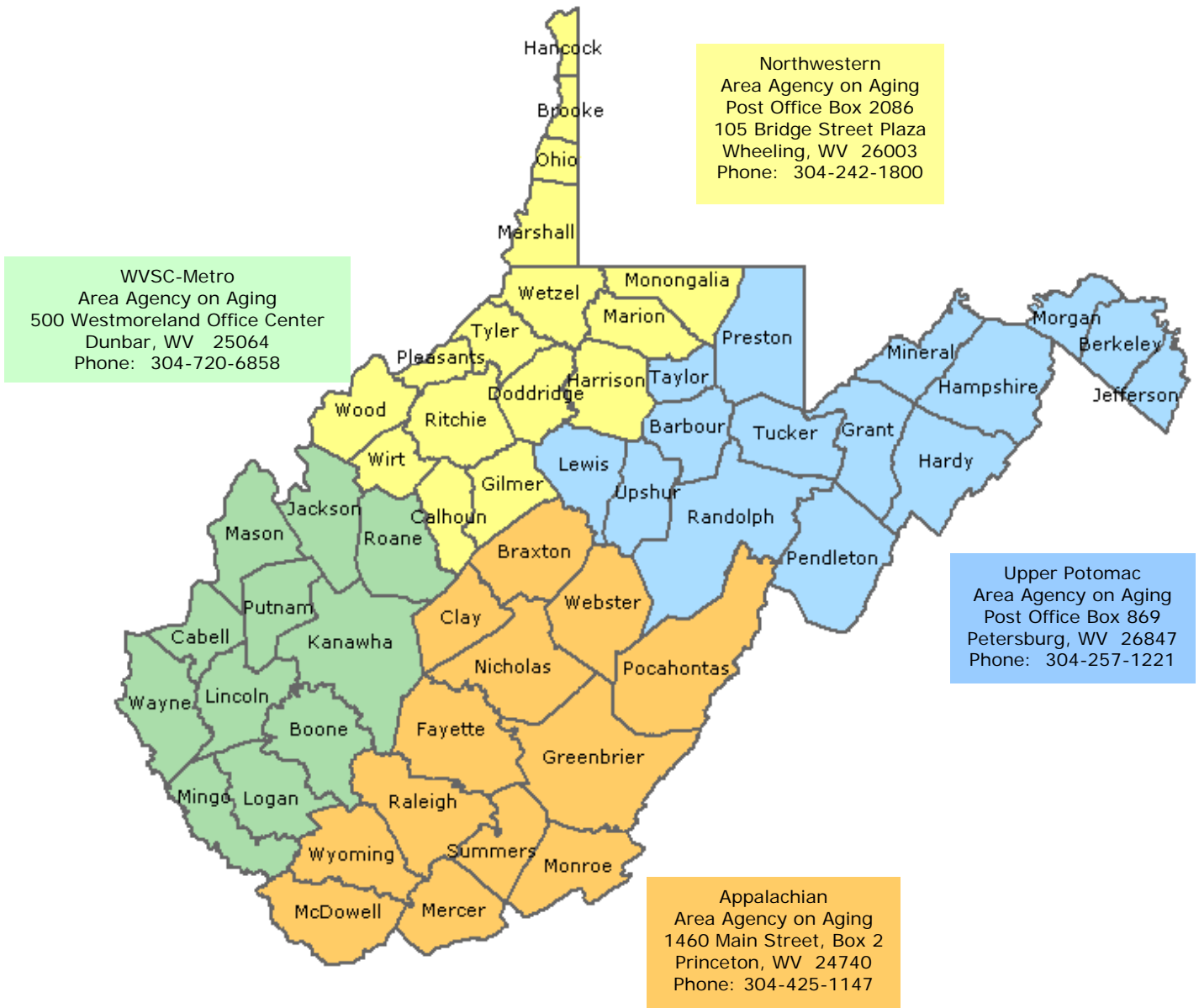
**Exhibit E: Bureau of Senior Services Expenditures by Funding
Source**

Exhibit F: Bureau of Senior Services Organizational Chart

Exhibit G: Bureau of Senior Services Advisory Council on Aging

EXHIBIT A

AREA AGENCIES ON AGING



COUNTY AGING PROVIDERS

WEST VIRGINIA BUREAU OF SENIOR SERVICES COUNTY SENIOR SERVICE PROVIDERS

Barbour County Senior Center, Inc.
PO Box 146 (101 Church St.)
Philippi, WV 26416
Telephone: 304-457-4545
Fax: 304-457-2017
Email: bcsc@bcnetmail.org
Web site: www.bcnetmail.org/users/silver
Brenda Wilmoth, Director

Berkeley Senior Services
217 North High Street
Martinsburg, WV 25401
Telephone: 304-263-8873
Fax: 304-263-6598
Email: bssdir@berkeleyseiorservices.org
Linda Holtzapple, Director

Bi-County Nutrition (**Doddridge and Harrison** nutrition)
416 1/2 Ohio Avenue
Nutter Fort, WV 26301
Telephone: 304-622-4075
Fax: 304-622-4675
Email: bicounty@verizon.net
Wanda Carrico, Director

Boone County Community Organization
PO Box 247 (347 Kenmore Dr., Suite 1-A)
Madison, WV 25130
Telephone: 304-949-3673; 304-369-0451
Fax: 304-949-3673
Email: jeaster@suddenlinkmail.com
Judy Easter, Director

Braxton Co. Senior Citizens Center, Inc.
33 Senior Center Drive
Sutton, WV 26601
Telephone: 304-765-4090; 304-765-4091;
304-765-4092; 888-654-9321
Fax: 304-765-4095
Email: bcsc@verizon.net
Leigh Ann Singleton, Director

Brooke County Committee on Aging (also nutrition provider for Hancock)
948 Main Street
Follansbee, WV 26037
Telephone: 304-527-3410
Fax: 304-527-4278
Email: brookejoy@aol.com
Joy Crawford, Director

Cabell County Community Services Organization, Inc.
724 10th Avenue
Huntington, WV 25701
Telephone: 304-529-4952
Fax: 304-525-2061
Email: cccsoinc@cccso.com
Web site: www.cccso.com
Robert E. Roswall, Director

Calhoun County Committee on Aging, Inc.
PO Box 434 (#3 Market St.)
Grantsville, WV 26147
Telephone: 304-354-7822; 304-354-7017
Fax: 304-354-6859
Email: michaelritchie@hotmail.com
Mike Ritchie, Director

Clay County Development Corp. (IIIB only, no nutrition)
PO Box 455 (174 Main St.)
Clay, WV 25043
Telephone: 304-587-2468
Fax 304-587-2856
Email: claycountyseniorcenter@hotmail.com
Pamela Taylor, Director

Doddridge County Senior Citizens, Inc. (IIIB only, no nutrition)
PO Box 432 (403 West Main Street)
West Union, WV 26456
Telephone: 304-873-2061
Fax 304-873-1769
Email: dcsc1@verizon.net
Marvin "Smokey" Travis, Director

Fayette County Office (administered by Putnam Aging Services)
PO Box 770 (108 Lewis St.)
Oak Hill, WV 25901
Telephone: 304-465-8484
Fax 304-465-8607
Email: jszamiela@yahoo.com
Janet Zamiela, Director

Council of Senior Citizens of **Gilmer** County, Inc.
720 North Lewis Street
Glennville, WV 26351
Telephone: 304-462-5761
Fax: 304-462-8239
Email: gcsc@rtol.net
Mary Oldaker, Director

Grant County Commission on Aging
111 Virginia Avenue
Petersburg, WV 26847
Telephone 304-257-1666
Fax 304-257-9145
Email: gccoafs@citlink.net
Web site: www.grantcountycoa.com
Darlene Keplinger, Director

Greenbrier County Committee on Aging
PO Box 556 (1003 Greenbrier St.)
Rupert, WV 25984
Telephone: 304-392-5138
Fax: 304-392-5969
Email: gccca@suddenlinkmail.com
Web site: www.gbrcca.com
Cinda Kinsey, Director

Hampshire County Committee on Aging
PO Box 41 (School St. & Birch Ln.)
Romney, WV 26757
Telephone: 304-822-4097 (TDD);
304-822-4030; 304-822-4499
Fax: 304-822-7322
Email: aginginhamp@hardynet.com
Web site: www.aginginhampshire.us
Sandra Viselli, Director

Committee for **Hancock** County Senior Citizens (IIIB only, no nutrition)
PO Box 1284 (647 Gas Valley Road)
New Cumberland, WV 26047-1284
Telephone: 304-564-3801
Fax: 304-387-2693
Email: emknabenshue@hancocksrsvs.org
Web site: www.hancocksrsvs.org
Mark Knabenshue, Director

Hardy County Committee on Aging
PO Box 632 (409 Spring Ave.)
Moorefield, WV 26836
Telephone: 304-530-2256; 800-538-2256
Fax: 304-530-6989
Email: hccoa1@hardynet.com
Phyllis Helmick, Director

Harrison County Senior Citizens, Inc.
(IIIB only, no nutrition)
500 West Main Street
Clarksburg, WV 26301
Telephone: 304-623-6795
Fax: 304-623-6798
Email: hcsc@clarksburg.com
Web site: www.members.iolinc.net/
seniorcenter
Cindy Freeman, Director

Jackson Co. Commission on Aging, Inc.
PO Box 617 (121 So. Court St.)
Ripley, WV 25271
Telephone: 304-372-2406
Fax: 304-372-9243
Email: gerrydunbar75@hotmail.com
Web site: www.jccoawv.org
Gerry Dunbar, Director

Jefferson County Council on Aging
103 West 5th Street
Ranson, WV 25438
Telephone: 304-725-4044
Fax: 304-725-9500
Email: jccoadirector@frontiernet.net
Shawna Molina, Director

Kanawha Valley Senior Services (IIIB only, no nutrition)
2428 Kanawha Boulevard, East
Charleston, WV 25311
Telephone: 304-348-0707
Fax: 304-348-6432
Email: smcclanahan@kvss.org
Web site: www.kvss.org
Scott McClanahan, Director

Lewis County Senior Citizens Center, Inc.
171 West 2nd Street
Weston, WV 26452
Telephone: 304-269-5738, 1-800-695-4594
Fax: 304-269-7329
Email: dinahlynnmills@msn.com
Web site: www.travel.to/lcsc
Dinah Mills, Director

Lincoln County Opportunity Co., Inc.
360 Main Street
Hamlin, WV 25523
Telephone: 304-824-3448
Fax: 304-824-7662
Email: lcoc@zoominternet.net
Web site: ww.lincolncountyopportunity.com
Alice Tomblin, Director

PRIDE in **Logan** County, Inc.
PO Box 1346 (699 Stratton St.)
Logan, WV 25601
Telephone: 304-752-6868
Fax: 304-752-1047
Email: vicky@prideinlogan.com
Vicky Browning, Aging Program Director

Marion County Senior Citizens, Inc.
105 Maplewood Drive
Fairmont, WV 26554
Telephone: 304-366-8779; 304-366-3186
Fax: 304-366-3186
Email: executivedirector@marionseniors.org
Web site: www.marionseniors.org
Debbie Harvey, Director

Marshall County Committee on Aging
(IIIB only, no nutrition)
805 5th Street
Moundsville, WV 26041
Telephone: 304-845-8200
Fax: 304-845-8239
Email: jhoward@ovis.net
Web site: www.mcseniorcenter.com
Joyce Howard, Director

Mason County Action Group, Inc.
101 2nd Street
Point Pleasant, WV 25550
Telephone: 304-675-2369
Fax: 304-675-2069
Email: masonsensors@aol.com
Web site: www.masonsensors.com
Angela Purchase, Director

McDowell County Commission on Aging
725 Stewart St.
Welch, WV 24801
Telephone: 304-436-6588
Fax: 304-436-2006
Email: mcoa@citlink.net
Emily Yeager, Director

CASE Commission on Aging
(**Mercer** IIIB only, no nutrition)
307 Federal Street, Suite 323
Bluefield, WV 24701
Telephone: 304-425-7111
Fax: 304-487-8801
Email: swolfe@casewv.org
Sandy Wolfe, Director

Mercer Community Action of South
Eastern WV (CASE) (nutrition only)
307 Federal Street, Suite 323
Bluefield, WV 24701
Telephone: 304-324-8397; 304-323-2365
Fax: 304-327-6683
Email: ohubbard@casewv.org
Web site: www.casewv.org
Oraetta Hubbard, Director

Aging and Family Services of **Mineral**
County, Inc.
1 South Main Street
Keyser, WV 26726-3127
Telephone: 304-788-5467
Fax: 304-788-6363
Email: smallery@wvaging.com
Web site: www.wvaging.com
R. Scott Mallery, Director

Coalfield Community Action Partnership,
Inc. (**Mingo**)
PO Box 1406 (815 Alderson St.)
Williamson, WV 25661
Telephone: 304-235-1701
Fax: 304-235-1706
Email: tsalmons@mingocap.org
Tim Salmons, Director

Senior **Monongalians**, Inc.
P. O. Box 653
(5000 Greenbag Rd., Suite 7, Mountaineer
Mall)
Morgantown, WV 26507-0653
Telephone: 304-296-9812
Fax: 304-296-3917
Email: slsemt@aol.com
Web site: www.seniormons.org
Sharon Semans, Director

Monroe County Council on Aging
PO Box 149 (Route 219)
Lindside, WV 24951
Telephone: 304-753-4384
Fax: 304-753-9886
Email: kjboffmang@yahoo.com
Otis R. Pence, Director

Senior Life Services of **Morgan** County
187 South Green Street, Suite 5
Berkeley Springs, WV 25411
Telephone: 304-258-3096
Fax: 304-258-3190
Email: slsmc1@hotmail.com
Web site: www.slsmc.org
Joel Tuttle, Director

Nicholas Community Action Partnership,
Inc.
1205 Broad Street
Summersville, WV 26651
Telephone: 304-872-1162
Fax: 304-872-5796
Email: djarroll@ncapwv.info
Dave Jarroll, Director

Family Service - Upper **Ohio** Valley (also
nutrition in Marshall and Wetzel)
51 11th Street
Wheeling, WV 26003
Telephone: 304-232-6730;
1-800-631-1954
Fax: 304-233-7237
Email: lwineman@ovrh.org
Web site: www.familyservice.uov.com
Lonnie Wineman, Director; June
Leindecker, Nutrition Director

Pendleton Senior and Family Services,
Inc.
PO Box 9 (231 Mill Rd.)
Franklin, WV 26807
Telephone: 304-358-2421
Fax: 304-358-2422
Email: pendletonseniorcenter@verizon.net
Carolyn Wells, Director

Pleasants County Commission
(IIIB, no nutrition)
301 Court Lane
St. Marys, WV 26170
Telephone: 304-684-9243
Fax: 304-684-9382
Email: pcscmt@frontiernet.net
Marie Taylor, Director

Pleasants Senior Nutrition (nutrition only)
PO Box 576 (219 2nd St.)
St. Marys, WV 26170
Telephone: 304-684-9319
Fax: 304-684-9319
Email: seniornutrition@creeds.net
David Hoyt, Director

Pocahontas County Senior Programs
821 3rd Avenue
Marlinton, WV 24954
Telephone: 304-799-6337
Fax: 304-799-4972
Email: pocahontasseniors@hotmail.com
Marilyn Norris, Director

Preston County Senior Citizens, Inc.
PO Box 10 (421 ½ E. Main St.)
Kingwood, WV 26537
Telephone: 304-329-0464; 800-661-7556
Fax: 304-329-2584
Email: prestonseniors@atlanticbb.net
Sidney Murphy, Director

Putnam Aging Program, Inc. (also nutrition
in **Clay, Fayette and Kanawha**)
694 Winfield Road
St. Albans, WV 25177-1554
Telephone: 304-755-2385
Fax: 304-755-2389
Email: budbeaver@verizon.net
Clinton "Bud" Beaver, Director

Raleigh County Commission on Aging
1614 S. Kanawha St.
Beckley, WV 25801-5917
Telephone: 304-255-1397
Fax: 304-252-9360; 304-255-2881
Email: rcco@raleighseniors.org
Web site: www.raleighseniors.org
Jack Tanner, Director

The Committee on Aging for **Randolph**
County, Inc.
PO Box 727 (5th St. & Railroad Av.)
Elkins, WV 26241
Telephone: 304-636-4747
Fax: 304-637-4991
Email: randolphcountyseniorcenter@
yahoo.com
Rebecca Poe, Director

Ritchie County Integrated Family Services
PO Box 195 (S. Court St. & Edgeview Ln.)
Harrisville, WV 26362
Telephone: 304-643-4941
Fax: 304-643-4936
Email: rcseniors@zoominternet.net
Lee Jones, Director

Roane County Committee on Aging, Inc.
811 Madison Avenue
Spencer, WV 25276
Telephone: 304-927-1997
Fax: 304-927-2273
Email: cricks@rccoawv.org
Web site: www.rccoawv.org
Chuck Ricks, Director

Summers County Council on Aging
120 2nd Avenue
Hinton, WV 25951
Telephone: 304-466-4019
Fax: 304-466-1890
Email: sccoalg@suddenlinkmail.com
Mr. Lin Goins, Director

Taylor County Senior Citizens, Inc.
Route 2 Box 514 (US Rt. 119 & US Rt.
250)
Grafton, WV 26354
Telephone: 304-265-4555
Fax: 304-265-6083
Email: taylorcscfm@aol.com
Frank Mayle, Director

Tucker County Senior Citizens, Inc.
206 3rd Street
Parsons, WV 26287
Telephone: 304-478-2423
Fax: 304-478-4828
Email: tcsc@frontiernet.net; rdnestor@
hotmail.com
Roxanne Tuesing, Director

Council of Senior **Tyler** Countians, Inc.
PO Box 68 (504 Cherry St.)
Middlebourne, WV 26149
Telephone: 304-758-4919
Fax: 304-758-4680
Email: tylercounty.seniorcenter@
verizon.net
Tim James, Director

Upshur County Senior Citizens
Opportunity Center, Inc.
28 North Kanawha Street
Buckhannon, WV 26201
Telephone: 304-472-0528
Fax: 304-472-6424
Email: kreed@upwvsc.org
Web site: www.upwvsc.org
Karla Reed, Director

Wayne County Community Services Organization, Inc.
3609 Hughes Street
Huntington, WV 25704
Telephone: 304-429-0070
Fax: 304-429-0026
Email: rmeredith@wccso.org
Sr. Center – 440 Cleveland St. (PO Box 276), Wayne 25570; 304-272-6060
304-272-6068
Web site: www.wccso.org
Rose Meredith, Director

Webster County Commission of Senior Citizens
148 Court Square
Webster Springs, WV 26288
Telephone: 304-847-5252
Fax: 304-847-7182
Email: webcosencitz@frontiernet.net
Phillip Cooper, Director

Wetzel County Committee on Aging (IIIB)
145 Paducah Drive
New Martinsville, WV 26155
Telephone: 304-455-3220
Fax: 304-455-0280
Email: wetzelcco@ suddenlinkmail.com
Web site: www.rcvideo.com/users/wcco
Mary Ash, Director

Wirt County Committee on Aging, Inc.
PO Box 370 (Washington St.)
Elizabeth, WV 26143
Telephone: 304-275-3158
Fax: 304-275-4631
Email: wcco@suddenlinkmail.com
Lorraine Roberts, Director

Wood County Senior Citizens Association, Inc.
P. O. Box 1229 (914 Market Street)
Parkersburg, WV 26102
Telephone: 304-485-6748
Fax: 304-485-8755
Email: ddeem@wvdsi.net
Doug Deem, Director

Council on Aging (Wyoming County)
PO Box 130 (Old Itmann School Bldg., Rt. 10)
Itmann, WV 24847
Telephone: 304-294-8800; 800-499-4080
Fax: 304-294-8803
Email: gibsonj@wcco.com
Jennifer Gibson, Director

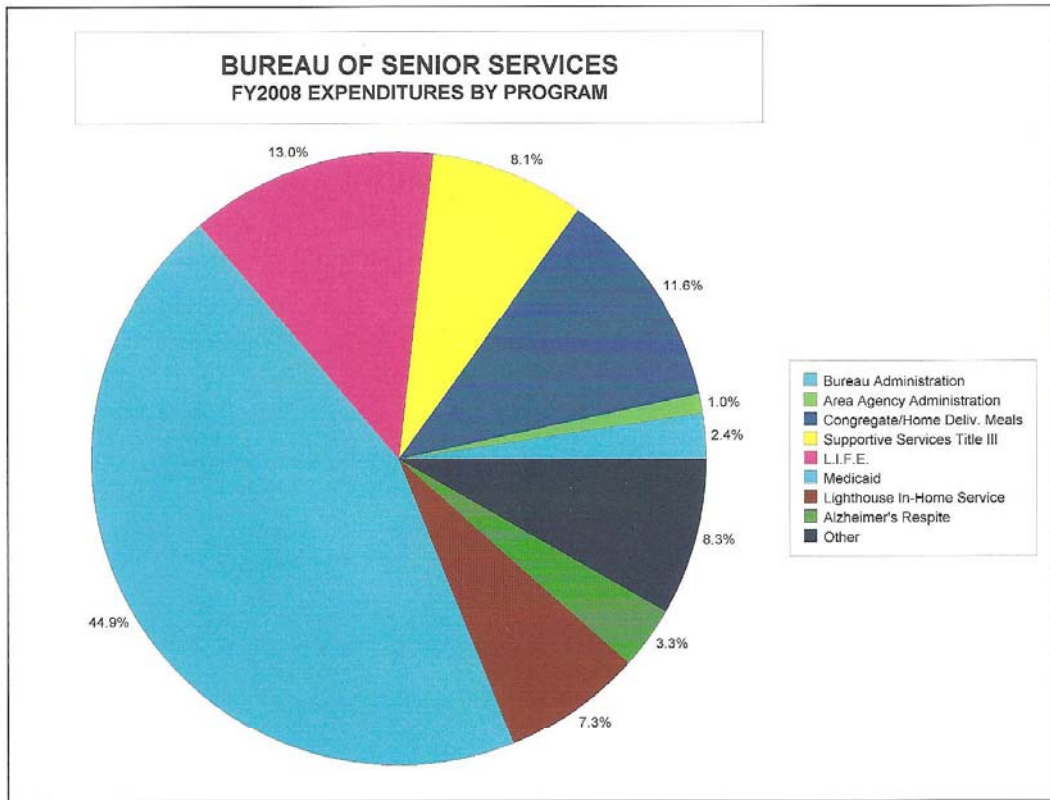
WEST VIRGINIA BUREAU OF SENIOR SERVICES
WEST VIRGINIA'S SENIOR POPULATION - CENSUS 2000
BY AGE AND PERCENT FOR
STATE AND COUNTIES

	AGE 55+	% OF WV	AGE 60+	% OF WV	AGE 65+	% OF WV	AGE 75+	% OF WV	AGE 85+	% OF WV
WV	461,711	25.5%	362,795	20.1%	276,895	15.3%	128,432	7.1%	31,779	1.8%
BARBOUR	4,099	26.3%	3,209	20.6%	2,420	15.6%	1,152	7.4%	335	2.2%
BERKELEY	15,406	20.3%	11,513	15.2%	8,466	11.2%	3,464	4.6%	738	1.0%
BOONE	5,963	23.4%	4,622	18.1%	3,464	13.6%	1,561	6.1%	369	1.4%
BRAXTON	3,911	26.6%	3,056	20.8%	2,330	15.8%	1,125	7.7%	320	2.2%
BROOKE	7,330	28.8%	5,959	23.4%	4,662	18.3%	2,217	8.7%	513	2.0%
CABELL	24,999	25.8%	19,948	20.6%	15,499	16.0%	7,410	7.7%	1,763	1.8%
CALHOUN	2,112	27.9%	1,656	21.8%	12,64	16.7%	584	7.7%	173	2.3%
CLAY	2,436	23.6%	1,889	18.3%	1,414	13.7%	583	5.6%	166	1.6%
DODDRIDGE	1,877	25.4%	1,478	20.0%	1,098	14.8%	473	6.4%	121	1.6%
FAYETTE	12,486	26.2%	9,993	21.0%	7,814	16.4%	3,730	7.8%	977	2.1%
GILMER	1,841	25.7%	1,448	20.2%	1,098	15.3%	512	7.2%	163	2.3%
GRANT	3,049	27.0%	2,323	20.6%	1,728	15.3%	805	7.1%	217	1.9%
GREENBRIER	10,064	29.2%	7,962	23.1%	6,101	17.7%	2,838	8.2%	786	2.3%
HAMPSHIRE	5,169	25.6%	3,940	19.5%	2,940	14.6%	1,253	6.2%	307	1.5%
HANCOCK	9,474	29.0%	7,791	23.8%	6,017	18.4%	2,787	8.5%	619	1.9%
HARDY	3,271	25.8%	2,525	19.9%	1,884	14.9%	810	6.4%	192	1.5%
HARRISON	18,284	26.6%	14,515	21.1%	11,378	16.6%	5,688	8.3%	1,475	2.1%
JACKSON	7,419	26.5%	5,851	20.9%	4,293	15.3%	1,800	6.4%	464	1.7%
JEFFERSON	8,802	20.9%	6,485	15.4%	4,724	11.2%	2,047	4.9%	446	1.1%
KANAWHA	53,226	26.6%	42,452	21.2%	33,036	16.5%	15,708	7.9%	3,849	1.9%
LEWIS	4,615	27.3%	3,654	21.6%	2,771	16.4%	1,314	7.8%	369	2.2%
LINCOLN	5,167	23.4%	4,003	18.1%	2,904	13.1%	1,194	5.4%	311	1.4%
LOGAN	9,126	24.2%	7,188	19.1%	5,450	14.5%	2,290	6.1%	480	1.3%
MCDOWELL	7,210	26.4%	5,698	20.8%	4,402	16.1%	2,087	7.6%	496	1.8%
MARION	15,893	28.1%	12,718	22.5%	10,073	17.8%	5,146	9.1%	1,319	2.3%
MARSHALL	9,473	26.7%	7,513	21.2%	5,795	16.3%	2,665	7.5%	602	1.7%
MASON	6,856	26.4%	5,358	20.6%	3,933	15.2%	1,680	6.5%	392	1.5%

EXHIBIT C

	AGE 55+	% OF WV	AGE 60+	% OF WV	AGE 65+	% OF WV	AGE 75+	% OF WV	AGE 85+	% OF WV
WV	461,711	25.5%	362,795	20.1%	276,895	15.3%	128,432	7.1%	31,779	1.8%
MERCER	17,572	27.9%	14,063	22.3%	10,969	17.4%	5,281	8.4%	1,286	2.0%
MINERAL	7,129	26.3%	5,463	20.2%	4,082	15.1%	1,892	7.0%	455	1.7%
MINGO	6,149	21.8%	4,720	16.7%	3,516	12.4%	1,476	5.2%	304	1.1%
MONONGALIA	14,920	18.2%	11,461	14.0%	8,765	10.7%	4,175	5.1%	1,058	1.3%
MONROE	3,857	26.4%	2,957	20.3%	2,242	15.4%	1,020	7.0%	229	1.6%
MORGAN	4,188	28.0%	3,302	22.1%	2,475	16.6%	1,015	6.8%	232	1.6%
NICHOLAS	6,796	25.6%	5,334	20.1%	3,974	15.0%	1,780	6.7%	440	1.7%
OHIO	13,458	28.4%	11,081	23.4%	8,900	18.8%	4,506	9.5%	1,108	2.3%
PENDLETON	2,380	29.0%	1,918	23.4%	1,460	17.8%	685	8.4%	191	2.3%
PLEASANTS	1,881	25.0%	1,460	19.4%	1,122	14.9%	529	7.0%	120	1.6%
POCAHONTAS	2,680	29.4%	2,105	23.1%	1,577	17.3%	725	7.9%	217	2.4%
PRESTON	7,464	25.4%	5,807	19.8%	4,386	15.0%	2,007	6.8%	500	1.7%
PUTNAM	11,109	21.5%	8,188	15.9%	5,961	11.6%	2,527	4.9%	578	1.1%
RALEIGH	20,001	25.2%	15,818	20.0%	12,200	15.4%	5,640	7.1%	1,384	1.7%
RANDOLPH	7,324	25.9%	5,641	20.0%	4,265	15.1%	2,122	7.5%	576	2.0%
RITCHIE	2,740	26.5%	2,148	20.8%	1,576	15.2%	745	7.2%	203	2.0%
ROANE	4,031	26.1%	3,115	20.2%	2,282	14.8%	1,030	6.7%	260	1.7%
SUMMERS	4,107	31.6%	3,321	25.5%	2,593	19.9%	1,196	9.2%	331	2.5%
TAYLOR	4,145	25.8%	3,286	20.4%	2,539	15.8%	1,211	7.5%	316	2.0%
TUCKER	2,235	30.5%	1,772	24.2%	1,314	17.9%	617	8.4%	171	2.3%
TYLER	2,689	28.0%	2,107	22.0%	1,579	16.5%	694	7.2%	186	1.9%
UPSHUR	5,836	24.9%	4,568	19.5%	3,449	14.7%	1,664	7.1%	504	2.2%
WAYNE	11,071	25.8%	8,635	20.1%	6,411	14.9%	2,741	6.4%	577	1.3%
WEBSTER	2,551	26.2%	1,996	20.5%	1,482	15.2%	687	7.1%	181	1.9%
WETZEL	4,978	28.1%	3,872	21.9%	2,861	16.2%	1,269	7.2%	362	2.0%
WIRT	1,419	24.2%	1,091	18.6%	763	13.0%	335	5.7%	86	1.5%
WOOD	23,218	26.4%	17,972	20.4%	13,608	15.5%	6,517	7.4%	1,656	1.9%
WYOMING	6,225	24.2%	4,847	18.9%	3,586	13.9%	1,423	5.5%	306	1.2%

NOTE: US Census, 2000 Census of Population & Housing 05/18/2001
 NOTE: This document was compiled by the WV Bureau of Senior Services, 05/18/2001



**BUREAU OF SENIOR SERVICES
FY 2008 ACTUAL EXPENSES**

Bureau Administration	2.43%	\$1,844,591
Area Agency Administration	1.00%	\$762,184
Congregate/Home Deliv. Meals	11.63%	\$8,836,076
Supportive Services Title III	8.12%	\$6,169,592
L.I.F.E.	13.02%	\$9,891,226
Medicaid	44.90%	\$34,122,578
Lighthouse In-Home Service	7.32%	\$5,563,484
Alzheimer's Respite	3.33%	\$2,532,914
Other	8.25%	\$6,272,399

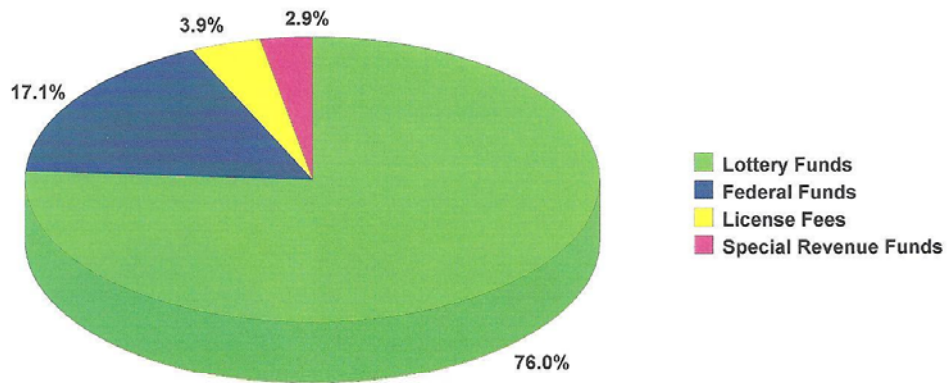
TOTAL 100.00% \$75,995,044

OTHER

Employment Programs	\$1,064,448
Benefits Counseling (SHIP)	\$383,710
Sub-State Ombudsman Program	\$769,990
Aged & Disabled Resource Centers	\$1,161,992
Self Choice & FAIR Plus	\$342,321
Community Partnership Funding	\$2,344,692
Miscellaneous Other	\$205,246

TOTAL OTHER \$6,272,399

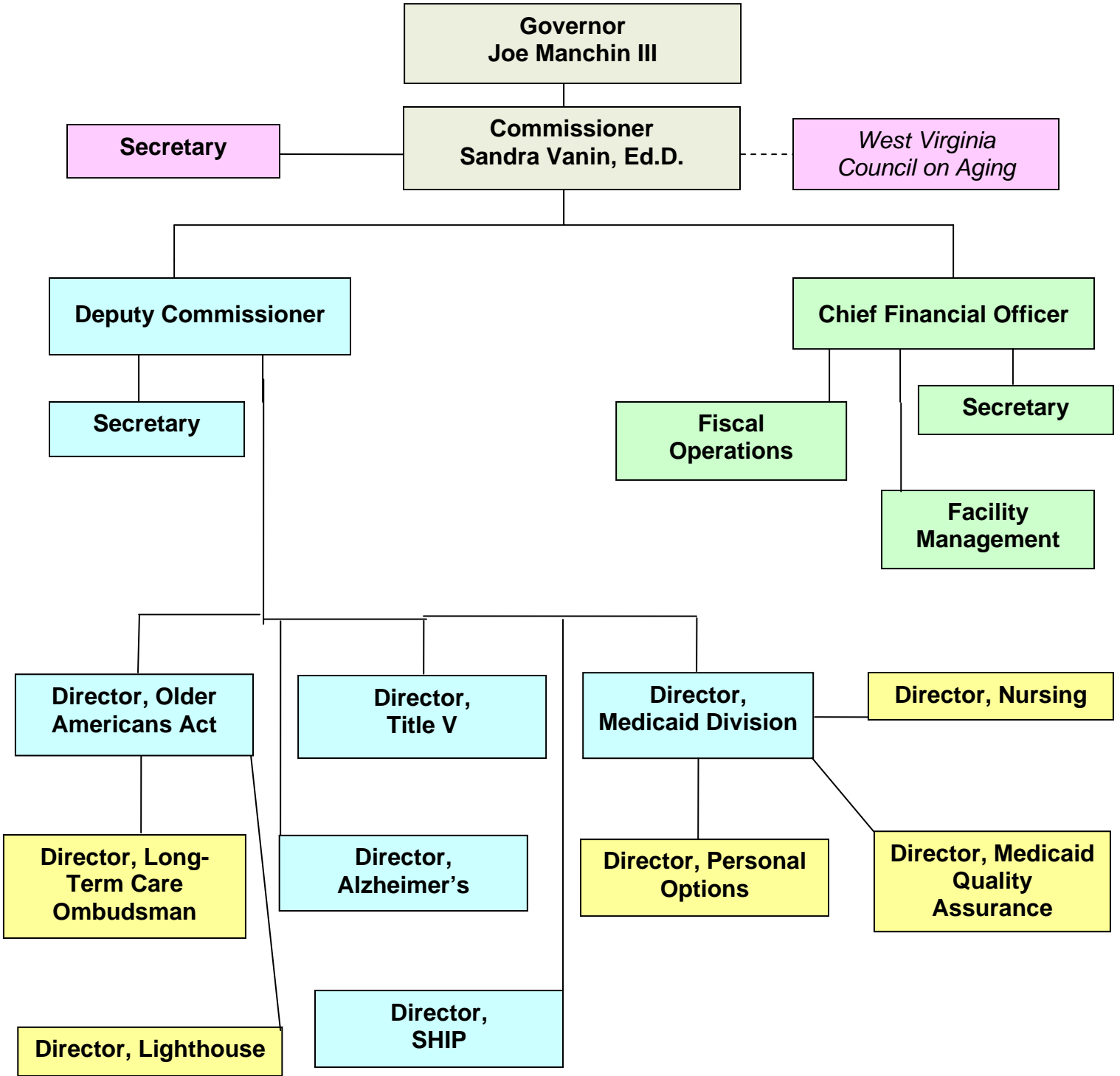
**BUREAU OF SENIOR SERVICES
FY2008 EXPENDITURES BY FUNDING SOURCE**



**BUREAU OF SENIOR SERVICES
FY 2008 EXPENDITURES BY SOURCE**

Lottery Funds	\$57,766,393
License Fees	\$2,999,999
Federal Funds	\$13,029,582
Special Revenue Funds	\$2,199,070
TOTAL	\$75,995,044

West Virginia Bureau of Senior Services Organizational Chart



**WEST VIRGINIA BUREAU OF SENIOR SERVICES
SANDRA K. VANIN, Ed.D., COMMISSIONER
ADVISORY COUNCIL ON AGING**

**CITIZEN
REPRESENTATIVES**

Honorable Mary Jo Sharp, Chair
Lewisburg, West Virginia

Honorable Richard P. Lynch, Vice-Chair
Shepherdstown, West Virginia

Honorable Elsie Sims, Secretary
Bluefield, West Virginia

Honorable Roy W. Brown
Weirton, West Virginia

Honorable Earl F. Jarvis
Logan, West Virginia

Honorable Dottie L. Kellison
Marlinton, West Virginia

Honorable Louie D. LeRoy
Clarksburg, West Virginia

Honorable Raymond Morgan
Fairmont, West Virginia

Honorable Manuel J. Viola
Wheeling, West Virginia

Honorable Kathy Pauley
Pinch, West Virginia

**ADVISORY COUNCIL ON AGING
GOVERNMENT REPRESENTATIVES**

Honorable Deborah Lovely, Acting Director
Division of Rehabilitation Services
Department of Education and the Arts

Honorable Martha Yeager Walker, Secretary
Department of Health and Human Resources

Honorable Marsha Morris, Commissioner
Bureau for Medical Services
Department of Health and Human Resources

Honorable Dave Lemmon, Superintendent
West Virginia State Police

Honorable Chris Curtis, Acting Commissioner
Bureau for Public Health
Department of Health and Human Resources