

West Virginia Division of Health Promotion and Chronic Disease

Legislative Oversight Commission on Health and Human Resources Accountability:
 2014 Initiatives Addressing Obesity, Physical Activity and Chronic Disease

Project	Partner	2014 Achievements
<p>Growing Healthy Communities Project: <i>Create healthier environments in the Main Street and ON-TRAC communities.</i></p>	<ul style="list-style-type: none"> • WV Development Office • Benedum Foundation 	<p>This project awarded a total of 16 mini-grants in 2013 and 2014.</p> <p>Projects include: creating sustainable healthy food systems, trail enhancements, complete streets, community gardens, health and wellness coalitions, farmers markets, farm to school and farm to table, creating walkable and bike-able communities.</p>
<p>Try This! Movement: <i>HPCD staff takes part in planning process and steering committee for Try This! a grassroots movement to make WV a healthier place.</i></p>	<ul style="list-style-type: none"> • Try This 	<ul style="list-style-type: none"> • More than 400 people attended the 2014 conference. • 42 communities received mini-grants from HPCD. Projects included: community gardens, walking and biking clubs, trail enhancements, farmers markets, improving walkability and bike-ability. See www.trythiswv.com
<p>Green Thumbs Healthy Joints Ergonomic Gardening Project <i>Provides mini grants to build community venues with ergonomic gardening tools and fully accessible gardens.</i></p>	<ul style="list-style-type: none"> • WVU Center for Excellence in Disabilities 	<ul style="list-style-type: none"> • This year thirteen mini-grants were awarded.
<p>WV Physical Activity Network</p>	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • HPCD was instrumental in supporting the development of the network and serve on the leadership team. The network is currently implementing the WV Physical Activity Plan, authored by WVU, which outlines physical activity practices and policies that the state should pursue.

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<p>Early Care Education <i>Strengthen nutrition and physical activity policies in early care and education centers in the State, providing training to improve these environments.</i></p>	<ul style="list-style-type: none"> • Bureau for Children and Families (BCF) • WVU Extension Services • KEYS 4 Healthy Kids • Choose to Change • WV Department of Education’s Office of Child Nutrition 	<ul style="list-style-type: none"> • Supported legislation during the 2014 session to improve nutrition, physical activity, and screen time in these centers.
<p>WV Board of Education’s Policy 2510</p>	<ul style="list-style-type: none"> • WV Department of Education 	<ul style="list-style-type: none"> • The policy requires students to receive at least 30 minutes of moderate to vigorous physical activity per day. • Implementing training on the “From Scratch” method of food preparation that includes less pre-packaged foods and less sodium.